

**THE HOSPICE & PALLIATIVE CARE COUNCIL OF VERMONT
Presents Our 18th Annual Conference**

“Challenging Times—Making it Work—Working Together”

Keynote Speaker

Bob Macauley, MD

**Medical Director of Clinical Ethics, Fletcher Allen Health Care
Associate Professor of Pediatrics, University of Vermont**

“Keeping the Ethics and Spirit in Care”

**Thursday, June 11, 2009 7:30-4:30
Lake Morey Resort, Fairlee, Vermont**

**Wednesday, June 10th *Pre-Conference Activities* include:
Volunteer Coordinators Meeting 11:00am-1:00pm
Bereavement Coordinators Meeting at 1:30-4:30pm
HPCCV Quarterly Board Meeting at 5:30 pm,
Dinner with Speakers & Overnighters at 7:00 pm**

CONFERENCE & WORKSHOPS Thursday, June 11th, 7:30-4:30

***This Program is supported in part by a grant from the
Vermont Assembly of Home Health Agencies***

And supported by

**Blue Cross Blue/Shield of Vermont
Vermont Medical Society, Vermont Ethics Network,
Vermont Program for Quality in Health Care
Northeastern Vermont Area Health Education Center**

“Challenging Times—Making it Work—Working Together”

Conference Schedule for Thursday, June 11, 2009

- 7:30-8:55 Registration, Refreshments, **Exhibits, Silent Auction, Book Sales Films**
- 8:55-9:00 **Welcome** *Virginia Fry, MA, Director, Hospice & Palliative Care Council of VT*
- 9:00-9:15 **Opening Remarks** *Diana Peirce, CHPN President, HPCCV*
- 9:15-9:30 **Beltway Blues to Songs of Hope** *Don Schumacher, PsyD, President & CEO
National Hospice & Palliative Care Organization*
Hospice Singers of Vermont
- 9:30-10:30 Keynote **“Keeping the Ethics and Spirit in Care”** *Bob Macauley, MD,*
Medical Director of Clinical Ethics, Fletcher Allen Health Care, Clinical Associate Professor of
Pediatrics, University of Vermont, Ordained Minister
- 10:30-11:00 Break, Refreshments, Exhibits, Silent Auction
- 11:00-12:15 SESSION ONE WORKSHOPS
- A. Ethical Considerations in End of Life Care** *Bob Macauley, MD, FAHC, UVM*
Dr. Macauley will explore typical cases, ethical definitions, motivations in medicine and
the daily dilemmas that face clinicians, caregivers, families and patients. An exploration
of the “F-Word in Medicine—Futility” will be explored.
- B. Northern Exposure—Collaborating Regionally to Solve Common Problems and
Dissolve Barriers** *Yvonne Corbeil, Director, Network Development for Palliative
Care, Dartmouth Hitchcock Medical Center, Faculty Dartmouth Medical School*
Yvonne will describe the benefits of collaborating across programs, health systems and
communities to improve access and quality of palliative care. Exploring the results of
Transitions of Care Surveys, she will focus on 3 problems and the tools developed to
address critical areas and the resulting quality improvement initiatives.
- C. Volunteer to Volunteer—The Gifts of Sharing Our Stories** *Lori Wright, Franklin
County Home Health Agency, Patti Dunn, Hospice Volunteer Services, Middlebury*
One of the gratifying parts of being a Hospice Volunteer can be taking time to
remember and reflect on our care-giving experiences and realize their impact on
us. Join us in this engaging work as we exchange experiences, stories and insights.
- D. What is Reiki?** *Kelly McDermott & Members of the Vermont Reiki Association*
Many ancient cultures embraced the belief that energy flows through the body, and current
research suggests the same. Disruptions or imbalances in flow correlate to physical,
mental and emotional illnesses. Come learn about the basics and how to become trained in
this healing art of Reiki while you experience the gentle touch.
- E. Communication: Understanding the Language of Dementia** *Nancy Schaedel, Special Care
Unit Coordinator, Helen Porter Healthcare & Rehabilitation Center*
Loss of verbal language does not mean loss of person—the need to communicate remains.
Making emotional connections with people with dementia enables their expression of
feelings, but we need their “Life Story” information to facilitate this. Come learn tools to
unlock memories and feelings which may otherwise be lost.
- *F. Hospice Choruses—Singers ONLY** *Camilla Rockwell and Kathy Leo* will help Singers
deepen their understanding of the “Practice” of bedside singing for the dying, and gain
insight into the relationship and responsibility between the choir members and those we
serve.

12:15-1:30 **Buffet Luncheon, Exhibits, SILENT AUCTION**

Terrace “Art Fits Vermont” Come make a Puzzle Piece with **Beth Newman**

1:00-1:30 **Special Mini-Session *A Quick Trip to Tanzania* with David White**

1:30-3:00 **SESSION TWO WORKSHOPS**

A. Ethical Issues in Managing Patients with Dementia *James Bernat, MD*

Dartmouth Medical School, Dartmouth-Hitchcock Medical Center

Impairment of physician-patient relationship, disclosing the diagnosis, consent and competence, age as criterion for treatment are just some of the ethical challenges to be discussed. Understanding the contemporary standards for palliative care includes goals of treatment, questions of feeding tubes, the role of hospice and more.

B. Be All that You Can Be—Enhancing Body & Spirit at End of Life *Albert Koch, PT*

Central Vermont Home Health & Hospice Learn how physical therapy can add energy, humor, pain relief, and even dancing to our hospice patients’ lives.

C. Completing the Care—Funeral Directors Panel *Randy Garner and Members of the*

VFDA Come meet the folks who can make the best of a tough situation and bring all the questions you have always wanted to ask a funeral director.

D. What is Reiki? *Repeat session with Kelly McDermott & Vermont Reiki Association*

E. The Wounded Healer—Myths that Help Us Heal *Jonna Goulding, MD, Gifford MC*

Participants will identify, privately, a personal pain, grief, or wound they carry. Jonna will then tell three legends of ancient healers, and then explore how these stories hold lessons for healers today.

***F. Hospice Choruses SING—OPEN to EVERYONE!**

Peter Amidon, Mary Cay Brass, Music Director Come learn songs that bring comfort, and learn how to adjust your voice to the dying environment, and maintain personal boundaries amid strong emotions--and give the gift of music to the dying.

3:00-3:15 Refreshments, **Silent Auction Announcements**

TERRACE

3:15-4:30 **CLOSING SESSION**

Panel—Coping and Hoping in Challenging Times

Final Hospice Sing-a-long Send-off!

4:30 **Evaluations and Continuing Education Process Completion**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Vermont and the Northeastern Vermont Area Health Education Center (AHEC). The University of Vermont is accredited by the ACCME to provide continuing medical education for physicians. The University of Vermont designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. Northeastern Vermont AHEC is an approved provider of continuing nursing education by the Vermont State Nurses' Association, Inc., a accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity supports 6 Contact Hours. 6.0 recertification credits are also pre-approved and available to social workers from the National Association of Social Workers, NASW-VT Chapter, and to funeral service personnel from the Vermont Secretary of State's Office of Professional Regulation, Board of Funeral Service. ***F These workshops do not support Continuing Medical or Nursing Credits.**

Lake Morey Resort INFORMATION

A special discount for conference participants has been arranged at the newly renovated Lake Morey Resort, **WEST** at **Exit 15, on Interstate 91**, 25 miles north of White River Junction, Vermont and Lebanon, New Hampshire.

The rate is \$120-144 per person double occupancy and \$140-164 single occupancy. **Rates include dinner, lodging, breakfast**, golf, use of all resort facilities including pool and spa; massage services are extra. **Taxes and service charges are included in the rates.**

Call 1-800-423-1211 for reservations. \$100 deposit is required. Master Card, Visa, and personal checks are accepted.

Visit them at www.lakemoreyresort.com

Hospice & Palliative Care CONFERENCE REGISTRATION

*****Please note that the fee for VOLUNTEERS has been reduced!!**

Name _____ Role _____
Agency _____ Phone _____
Address _____ City/State _____ Zip _____

Workshop Selections: Circle one each session
Session One A B C D E F
Session Two A B C D E

Registration Fees: (Includes Lunch)
HPCCV Members \$80 _____
Non-Member \$100 _____
Volunteer (NO Staff, please!) \$35 _____
HPCCV Group Rate(3 or more) Each \$70 _____

Thank You for Registering and Attending!

TOTAL = \$ _____

Please Send Registration to:

Hospice & Palliative Care Council of VT, 10 Main St., Montpelier, VT 05602 or fax to 802-223-6218 or call 802-229-0579

And visit our website at www.hpccv.org